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We do learn by mistakes

HUMANS really do learn from their mistakes – in just 0.1 seconds, scientists claimed yesterday.

New research has identified a mechanism in the brain's lower region that helps us avoid past errors.

Using electrodes attached to volunteers' scalps, University of Exeter psychologists found this brain region reacted in just 0.1 seconds to situations where an error had previously been made.

This was far faster than during problems that had previously been overcome.

Prof Andy Wills said: "We learn more from mistakes than successes."

